

**SurgiTel**<sup>®</sup>  
presents:

## *How I Can Work Better With SurgiTel Custom Loupes*

**George Bambara, MS, DMD**

I started to use loupes about 12 years ago. I did not like the idea as I felt that I was able to see well and I predicted that I didn't need them. I predicted they would be uncomfortable to wear and use. To my surprise, they were the best investment I made for myself and for dentistry.

I tried SurgiTel because I was looking for a more stylish and lighter weight loupe, and discovered the added benefit of having a headlight which was bright and light weight - it was perfect. The sales team understood my needs and were always there for me.

SurgiTel provided me with a custom configuration for my loupes. My loupes were set up to enable me to see over the top of them, so I could speak to the patients and see what I was doing normally. I then had them put my reading prescription in the top of the glass and the lower glass held the magnification loupes. They then set an equal focal length so that I never had to refocus my eyes at a set distance; I simply raised and lowered my chin. Overall, I found myself less fatigued during longer procedures and was able to see so much more detail and work very efficiently.

I know that some dentists have chronic neck pain with traditional loupes, but I have never experienced any neck pain with SurgiTel. I know that my ergonomic working posture with SurgiTel loupes has spared me from this neck pain. Much of the neck pain out there



**Dr Bambara is on faculty at the Rutgers School of Dental Medicine and holds Fellowships in the American College of Dentists, the International College of Dentists, and the International Academy of Dento-Facial Esthetics. He is an Adjunct Assistant Professor at the College of Staten Island and is a member of the American Dental Association, the Academy of General Dentistry, the New York State Dental Society and the Richmond County Dental Society, where he served as President in 1998.**

**Dr. Bambara lectures nationally and internationally on attachment prosthetics and has been selected as one of the "Top Clinicians in Continuing Education" from**

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has to do with poor posture with non-ergonomic loupes and heavy headlights. I have found SurgiTel loupes to be very comfortable and easy to wear for long periods of time without straining my eyes or my body.

Also my work quality and efficiency have increased since wearing the SurgiTel loupes and headlight because I can see more illuminated detail without sacrificing comfort. Also the way my loupes are set up, with the primary eyeglass field set up as a reading glass with the distance equalized to the loupes, a slight tilt of my head gives me a reading glass view as well as a highly magnified view through the loupes without moving my head in and out and changing position. This custom configuration SurgiTel has provided makes my work comfortable and efficient.

Contrary to my original assumptions about loupes being uncomfortable to wear and use, my SurgiTel loupes were the best investment I made for myself and for dentistry.

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**2005 to the present by Dentistry Today magazine. Dr. Bambara publishes articles on attachment dentistry and has authored a chapter on Precision and Semi-Precision Attachments in the recently published textbook Contemporary Esthetic Dentistry. Dr Bambara was inducted into the College of Staten Island Hall of Fame in 1997.**